

Level	Wilber's Name	Gebser	Descriptor	Relationship -->	--> focus of relationship	Time Line	Key Feature		
1	Uroboric (Reptilian)	Archaic	Dawn Man	Labour (Karl Marx)	Matter: (Food, goods, etc)	6 to 3 MYA -200,000YA	Self / body and environment are fused as one		
2	Body-typhonic (Paleomammalian)	Magical	Magician (control enviro. with magic)	Emotional - sexuality (Freud)	Sex	Low: 200,000 - 50,000YA	Self / body and enviro. separate, still linked by magic, no ego yet		
						High: 50,000 - 10,000YA			
3	Membership (verbal-mind) (early mind)	Mythic	Farmer	Language: Verbal self. Time is a cycle (seasons)	Ideas - polis & praxis signals start of true Human	Low: 9500 BC - 4500BC	Egoic awareness		
						High: 4500BC - 1500BC	Egoic consciousness		
4	Egoic	Mental	Real Person	Become aware of own thoughts.	Self becomes introspective	Low: 2500BC - 500BC	Self and body		
	(Mental-ego)					Time - ongoing line	Universal Reason is goal	Middle: 500BC - 1500AD	"Real Person" emerges
	(Advanced mind)						Praxis becomes techne	High: 1500AD - present	Body is repressed
5	Psychic: (Intuition) (Soul)			Religion	(nature gods) "Beyond Reason"	Future (A few exemplars)	Need awareness to transcend thought into superconsciousness		
6	Subtle: (Awareness) (Soul)			Religion	One God - highest levels of Western Religion "our Father - - in Heaven"	Future (A few exemplars)			
7	Causal: (Insight) (Spirit)			Religion	"Beyond God" human / divine merge "I & the Father are one"	Future (A few exemplars)			
8	Atman: (Absolute-identity) (Spirit)				Nondual				

Table based on: Wilber, K. (1996). Up from Eden: A transpersonal view of human evolution. Wheaton, IL: Quest Books.